



# Kidney transplant checklist

A kidney transplant is the best option for people who have advanced chronic kidney disease (CKD) and are at risk of renal failure. It is a major decision that requires careful consideration. Use the checklist below to help you consider if a kidney transplant is the right option for you.

**Talk to your doctor** about a kidney transplant.

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**Consider the benefits** and risks of a kidney transplant.

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**Get a full health assessment** to see if a transplant is advisable.

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**Know your donor requirements** — blood and tissue types must match.

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**Determine if there is a possible donor** among family and friends. Or register for the kidney transplant wait list.

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**Decide to have kidney transplant surgery.**